

# NL Occupational Health & Safety Association

Back to Basics:  
Building a Safer Tomorrow, Today

## 54<sup>th</sup> Annual Health & Safety Conference

[www.nlohsa.ca](http://www.nlohsa.ca)

Wednesday, May 12 to Friday, May 14, 2010

Hotel Gander, Gander, NL

NL Occupational Health & Safety Association



*Building A Safer Tomorrow, Today*

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# AGENDA

## DAY 1

WEDNESDAY, May 12, 2010

11:00 - 12:45

### Registration

1:00 - 1:15

### Welcome Address

Mayor Claude Elliott, Town of Gander

### Official Opening

Honorable Kevin O'Brien, Minister, Dept. of Government Services

### Introduction of the Board of Directors

Joseph Lake, President N.L.O.H.S.A.

1:15 - 1:30

### President's Report

Joseph Lake, President N.L.O.H.S.A.

1:30 - 2:30

### Keynote Address

#### **"Building a Safer Tomorrow, Today - Back to Basics:"**

#### **Trevor Pritchard, General Manager, Husky Energy**

It is essential to have the basic of safety established and well understood by all levels of an organization. Everyone has a role to play in safety from the top to the bottom of an organization and it is the attitude of the people in senior positions that set the tone of how an organization is going to act & react to situations. Mr. Pritchard will expand on how people influence the 3 key areas (People, Processes, and Equipment) that are the barriers to prevent incidents.

2:30 - 3:00

### Coffee & Viewing of Exhibits

3:00 - 3:45

### **"Fundamentals of Fall Protection"**

#### **Andrew Sulowski**

Fall accidents continue to be a major contributor to workplace accident statistics. In 2009 the NL OH&S Regulations regarding Fall Protection were updated and provide more prescriptive requirements including CSA technical standards and training for workers. Gain insights from one of North America's leading experts on setting up your fall protection program.

3:45 - 5:00

### Annual General Meeting

1. Minutes of last general meeting
2. Business arising
3. New business
4. Report of nomination committee
5. Election of officers
6. Adjournment

5:00 - 6:30

### Exhibitors' Wine & Cheese Reception

Delegates are invited to visit the exhibitor's booths

7:00

### Greet & Grub

Hotel Gander, Salon A  
Casino Night (8-10 pm)

**"Know Your Numbers"**  
Wellness Clinic  
Medical personnel will be present  
on Thursday, May 13th and will be  
conducting a wellness clinic.

**Door Prize**  
will be drawn at the conference on  
Friday, May 14, 2010.  
Winner must be a Registered Delegate  
and in attendance to claim.

## DAY 2

THURSDAY, May 13, 2010

9:00 - 10:00

### **"A Life Changed Forever"**

#### **Dean Huxter, Injured Worker**

On the morning of April 1st, 2007, in an instant, a life was changed forever when a worker was involved in a horrific electrical accident. Hear first hand the gripping story of the emotional and physical toll of the accident and how Dean's insights into safety today carry an important message for all of us.

10:00 - 10:30

### Coffee & Viewing of Exhibits

10:30 - 11:15

### **"Ergonomics (MSI)/Regulations"**

#### **Danika Drover, BKin, MKin, MHSc, Industrial Hygienist**

#### **Dept. of Government Services, Occupational Health & Safety Division**

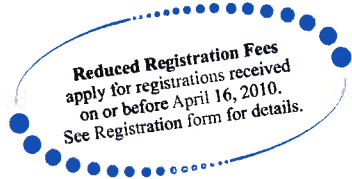
This session will help you learn about the recently added MSI Prevention sections of the OHS Regulation and what they mean to you in the workplace, as you continue to work towards a healthy and safe work environment, free of Musculoskeletal Injuries.

# AGENDA

**DAY 2 (Continued)**

**THURSDAY, May 13, 2010**

- 11:15 - 12:00**     **“Hearing Conservation Plan”**  
**Michael Sharpe, M.Sc., Aud(C), Audiologist, HCCALtd.**  
Section 68 of the recently implemented OH&S Regulations requires employers to implement a Hearing Conservation Program when workers are exposed to noise in excess of the levels established by the ACGIH. This session will provide the framework for establishing such a program.
- 12:00 - 1:30**     **Lunch**  
Hosted by Canadian Society of Safety Engineering (CSSE) Avalon Chapter  
Entertainment provided by: Claude Elliott
- 1:30 - 2:15**     **“Heart Health Workplace Programs”**  
**Jodine Kean, Heart & Stroke Foundation**  
Sudden cardiac arrest (SCA) can strike anywhere and at any time. How prepared is your organization to deal with sudden cardiac arrest? Most communities and companies rely on a first aid attendant, staff member, or bystanders to perform cardiopulmonary resuscitation (CPR) until Emergency Medical Services (EMS) arrive at the scene. Combined with CPR, the use of an Automated External Defibrillator (AED) may increase the likelihood of saving a person's life by 75% or more over CPR alone.
- 2:15 - 3:15**     **“Due Diligence”**  
**John Illingworth, Gowlings**  
Canadian OHS laws require managers and supervisors to understand applicable OHS legislation and the meaning of “due diligence”. Due diligence is a legal defence to OHS charges and has two specific requirements. First, employers must demonstrate that they have established an OHS management system to identify, assess and control workplace hazards. Second, employers must demonstrate that they have effectively implemented the OHS management system.  
John Illingworth of Gowlings will be outlining some of the key concepts associated with due diligence in the workplace including employer and supervisor responsibilities under the recently amended Newfoundland & Labrador Occupational Health and Safety Act and Regulations.
- 3:15 - 3:45**     **Coffee and Viewing of Exhibits**
- 3:45 - 5:00**     **“Contractor Management-Client & Contractor Together” (Panel Discussion)**  
**Tom Day, Manager, HSE, O’Connell Construction**  
**Craig Giles, Specialist-Contractor Management, Iron Ore Company of Canada**  
From project inception to completion, learn how a client and a contractor work together to ensure that workers are not exposed to any unacceptable risk and get the job completed incident free. Join Craig Giles, a Contractor Management Specialist with the Iron Ore Company of Canada, and Tom Day, HSE Manager for H. J. O’Connell Construction Ltd. as they review what works for them as Client and Contractor.
- 6:30 - 7:00**     **Reception - Cash Bar**
- 7:00**            **N.L.O.H.S.A. Annual Dinner**  
- Scholarship Presentation  
- Committee of the Year Award  
- After Dinner Entertainment provided: John Sheehan



**DAY 3**

**FRIDAY, May 14, 2010**

- 9:00 - 10:00**     **“The Man Behind the Curtain”**  
**Dan Comiskey, Dan The Safety Man**  
This presentation will go into detail about the struggles that we have in safety as we work against what is sometimes our greatest opponent, our own subconscious mind. Dan will also discuss strategies and techniques that work in overcoming old self defeating and dangerous bad habits.
- 10:00 - 10:15**     **Coffee**
- 10:15 - 11:00**     **“Pandemic Planning... Lessons Learned”**  
**Cathy O’Keefe, Director, Disease Control, Public Health, Dept. of Health and Community Services**  
This presentation will provide a short background on Pandemic Influenzas and how the H1N1 2009 pandemic affected the population. Included in the presentation is information on impacts in NL, lessons learned and what we can expect in the future.
- 11:00 - 11:45**     **“Incident Investigation”**  
**Joseph Lake, Operations Manager, Argentia Freezers & Terminals**  
The one key factor to any company's incident / accident management program is prevention. But, when an event does occur the company needs to investigate what happened (fact finding), why it happened (system failures). They need to learn from it, make effective corrective actions and take the necessary steps to prevent a reoccurrence.  
This presentation will attempt to provide the audience with information that can be used within their respective companies to assist the investigations and reports related to workplace incidents and accidents.
- 11:45 - 12:00**     **Closing Remarks / Door Prize Draw**